



# Leatherhead and Dorking Gymnastics Club Newsletter Spring Edition 2015

Welcome to the 2nd edition of our termly newsletter. Firstly may we wish you a Happy New Year and thank you all for our Christmas cards and kind wishes.

In November we held our AGM. Thank you for the excellent attendance and a warm welcome to our new committee members: Rachael Burgess, Nadia Darcy and Peter Lyndsell.

During December our Squad gymnasts performed 3 wonderful performances of their Christmas Show and we would like to thank everyone involved. We arranged for the Squad gymnasts to have a Christmas Party to thank them for their hard work and commitment and had a brilliant attendance. Thank you to all the parents and coaches who helped with food and organization.

In our last issue we informed you of our appointment of Head Coach Alberto Cacace. He has held meetings with the parents of Women's Artistic, Men's Artistic and Team Gym disciplines and we hope that you found these meetings useful and informative.

We have now appointed Briony Scott as Head of General Gymnastics for all, she is currently looking at our training programme and will be introducing new programmes for our general gymnasts with the guidance of Margaret and Alberto.

We are introducing Tumbling as a discipline shortly so watch this space for more information.

We are very excited to announce that we have been granted permission to extend the facility to link Gym 2 and 3 and work will commence in the Spring. This will provide additional changing facilities for Squad gymnasts and therefore more space for our general gymnasts.

We are now moving into a very busy competition schedule and wish all our gymnasts every success.

Margaret & Paul  
Joint Directors

## Squad Competition Schedule until June 2015

Here are the competition dates for your diaries. Please make sure that you make all the training sessions.

1<sup>st</sup> March 2015 – MAG - Regional Voluntary Programme Championship - K2 Crawley

7<sup>th</sup> & 8<sup>th</sup> March – WAG - Regional Grades - Guildford Spectrum

13-15<sup>th</sup> March – WAG - English Championships – Loughborough

14<sup>th</sup> & 15<sup>th</sup> March - TG Southern Qualifier – Bracknell – Regional, Youth and Senior Teams

22<sup>nd</sup> March – WAG – Compulsory & National Grades – Tunbridge Wells

27-29<sup>th</sup> March – WAG – British Championships – Junior / senior – Echo Arena

Liverpool

25<sup>th</sup>-26<sup>th</sup> April – WAG – Compulsory L4 & L3 – Fenton Manor Stoke on Trent

9<sup>th</sup>-10<sup>th</sup> May - WAG – NDP L4, 3, 2, 1 - Fenton Manor Stoke on Trent

16<sup>th</sup> & 17<sup>th</sup> May - TG International Dundee – National Youth Team

16<sup>th</sup> & 17<sup>th</sup> May – MAG & WAG Meapa Invitational Gravesend

23<sup>rd</sup> – 24<sup>th</sup> May – WAG – Compulsory L1, L2 – Piper Vale Ispwich

## Forthcoming Dates for your diary

Cartwheel Marathon - date TBC

Little Stars Leotard Sale – 20<sup>th</sup> & 21<sup>st</sup>  
March 2015

Gym Clean – 19<sup>th</sup> April 2015

Bike Ride Closure – 2<sup>nd</sup> August 2015.

Club Championship Competition – 6<sup>th</sup>  
September 2015

We are collecting Sainsbury's active kids vouchers to help us buy new equipment. Please put your vouchers in the box at reception to help us get new equipment for the gym.

Sainsbury's



## Team Gym

### ESSN Sporting Moment of the Year

On 12<sup>th</sup> February the Team Gym National Youth attended the ESSN Sporting Awards which they were the winners for the **Sporting Moment of the Year.**

A huge congratulations to all the girls.

Isabelle Townshend  
Faith Paterson  
Electra Robinson  
Freya Bass  
Ellie Taylor  
Beth Edwards  
Gianina Navalta  
Alexandra Hanlon  
India Hill  
Hollie Hunsworth  
And to their Coaches  
Charlotte and Kim



## Womens Artistic

The girls competed in a competition at the NDGA Grades on 1<sup>st</sup> February and did extremely well and we are very proud of them all winning a total of 6 Gold medals, 5 Silver medals and 3 Bronze medals between them.

### RESULTS

#### Compulsory Grade 5 out of age

Maya Darcy was awarded a fabulous Bronze.  
Ava Nair went away with an impressive Silver.

#### Grade 5 in age

Lottie Roberts came an amazing 7<sup>th</sup> with Hailey Coutts achieving a great 5<sup>th</sup> place.

Madeline Dodd was awarded with Bronze, Isabelle Smith being awarded Silver and Libby Herbert winning the Gold. Fantastic!

The girls came 2<sup>nd</sup> and 3<sup>rd</sup> overall in Compulsory Grade 5

#### Compulsory Grade 4

Mia Hamill came a fantastic 8<sup>th</sup> in age and Hannah Coutts took the Gold in out of age. Fantastic achievement girls.

#### Compulsory Grade 3

Lottie Burgess won the Gold for out of age. Well done.

#### National Grade 4

Jessica Fry came a brilliant 4<sup>th</sup>

#### National Grade 3

Ai Mei Lummis came joint 2<sup>nd</sup> obtaining the Silver. Congratulations.

#### National Grade 2

Anna Hughes was awarded with Silver and Scarlett Cherry the Gold. Well done girls.

#### National Grade 1

Aimee Lynsdell won the Gold, congratulations.

#### Club Grade 6

Wai Kwan Wong won the Gold, well done.

#### Club Grade 5

Jemima Leach went away with a great Bronze

#### Club Grade 4

Francesca Phipps achieved the silver and Emily Endacott an impressive 4<sup>th</sup> place.

#### Regional Grade 3

Zahra Abbas came a fantastic 4<sup>th</sup> place



## Men's Artistic

We have now received the sample of our new competition kit and orders are on their way now.

Regional Training was held on 1<sup>st</sup> February at K2 Crawley and went very well. Good Luck to the boys at their first competition on 1<sup>st</sup> March at K2.

Ryan and Dianne

We would like to introduce our Fund Raising Committee:  
Rachel Burgess, Nadia Darcy and Tina Abbas.

**easyfundraising**  
.org.uk



Did you know that whenever you buy anything online - from your weekly shop to your annual holiday - you could be raising a free donation for Leatherhead and Dorking Gymnastics Club? There are nearly 3,000 retailers including Amazon, John Lewis, Aviva, Thetrainline and Sainsbury's, who will donate a percentage of the amount you spend to Leatherhead and Dorking Gymnastics Club to say thank you for shopping with them. It's really simple, and doesn't cost you anything.

All you have to do is:

1. Go to <http://www.easyfundraising.org.uk/causes/ldgc>
2. Sign up for free
3. Get shopping - your donations will be collected by easyfundraising and automatically sent to Leatherhead and Dorking Gymnastics Club. It couldn't be easier!

There are no catches or hidden charges and Leatherhead and Dorking Gymnastics Club will be really grateful for your donations. Thank you for your support.

## POLITE REMINDER

Please observe the double yellow lines and the hatched area where there should be **NO PARKING OR STOPPING** at any time.

We insist that all children are collected from inside the building and that you do not expect them to meet you in the car park. This is for their safety.