



Leatherhead and Dorking Gymnastics Club Newsletter Summer Edition 2015

Welcome to the 3rd edition of our termly newsletter.

Thank you to all the parents who came to our Gym Clean on 19th April.

We have had a busy few months which has included changes in the layout to gym 3 with a new Team Gym tumbling track and more Men's artistic equipment added. We have also now started the building work to link Gym 2 & 3 to provide additional changing facilities for Squad gymnasts and therefore more space for our general gymnasts.

We have had the General Gymnastics Cartwheel Marathon on the 21st June to raise funds for the extension and The Rainbow Trust and now it is the turn of the Squads we will update you on the total amount raised in the next newsletter.

We have now appointed Abbie McCombe as Tumbling coach and Liam O'Brien to assist with Men's Artistic Squads. In addition both Abbie and Liam will also be coaching General Gymnastics.

In September we hope to be introducing Disability Gymnastics and will keep you updated on progress.

Following the departure of two of our valued committee members we are looking to co-op two parents up to the formal AGM in November. Ideally one should have an interest in maintenance and the other in fundraising/social activities. If you are interested please contact us on pqgarber@btinternet.com.

Margaret & Paul
Joint Directors

Squad Competition Schedule until October 2015

Here are the competition dates for your diaries. Please make sure that you make all the training sessions.

5th July - TG Summer Micro – Bracknell – MAG TUM

19th July – MAG – Pegasus Invitational – MAG 1&2

1st August – TG – National Finals – Liverpool – TG Youth & Junior

6th September – Squads – Club Championships - Leatherhead & Dorking

12th September – Snr WAG – British Championships – Fenton Manor

13th September – WAG – Comp L2 & 1 Retakes – Stoke

13th September – GfA Regional Competition – Bronze/Silver/Gold – Guildford Spectrum

19th September – WAG – Regional Championships

25-27th September – MAG – London Open – Redbridge Sports Centre, Ilford.

10th October – TG – International Cup - Bracknell – TG Groups

POLITE REMINDER

Please observe the double yellow lines and the hatched area where there should be **NO PARKING OR STOPPING** at any time.

We insist that all children are collected from inside the building and that you do not expect them to meet you in the car park. This is for their safety.

South East British Gymnastics Awards

On the 23rd June British Gymnastics South East Regional held their Awards Evening which proved to be a great success for Leatherhead & Dorking Gymnastics Club.

Pride of place went to Margaret Miler, founder and president of the club who received the highest recognition "The President's Award" for her "outstanding contribution and dedicated commitment to the sport". From establishing the club in 1976 Margaret has raised over £1 million towards the development of the clubs international standard facility with over 1700 gymnasts now training at the club each week. Over 40 years Margaret has made a major contribution to gymnastics nationally as an International Judge, a coach and an official.

Coaches from the club who were recognised:

Katy Lennon received the International Achievement Award and Natalie Davies received the Award of Coaching Merit. Charlotte Heelas and Kim Skelton received Master Coach Awards.

Ryan Kittle (men's artistic) and Holly Jennings received "Awards of Merit" and for her dedicated work as a gymnastics judge, Dianne Heelas was recognised. Jane Redgwell received the Volunteer Award for her work as welfare officer which is important to gymnasts, coaches and families.

The remaining gymnasts from the Team Gym Squad who won the British Championship were recognised: Freya Bass, Beth Edwards, Alexandra Hanlon, Nina Navalta, Faith Paterson and Isabelle Townshend and Sophie Scott and Alex Taylor received Awards in the Gymnast under 16 category.



Women's Artistic

The gymnasts have all had amazing results competing at lots of competitions.

South East Grades Championships



In the "National Compulsory Grades" the young gymnasts Isabelle Smith, Libby Herbert, Madeline Dodd, Hailey Coutts, Lottie Roberts, Maya Darcy and Ava Nair.

SOPHIE WINS A SILVER MEDAL AT THE ENGLISH CHAMPIONSHIPS



In the Vault Final she won the Silver Medal with a score of less than 0.125 away from gold.

Sussex Women's Artistic Invitational

Gold Medal winners were Lottie Roberts, Anna Hughes and Ai Mei Lummis with silver going to Ellie Gadd, Scarlett Cherry and Hannah Coutts. Completing the medal haul were gymnasts Jessica Fry and Ava Nair (bronze medals).



Pegasus Invitational

Hannah Coutts won gold in L4, Ellie Gadd won Silver, Ai Mei received a silver and Bronze in L2. Scarlett Cherry and Anna Hughes won Gold and Silver in L2

Forthcoming Dates for your diary

Little Stars Leotard Sale – 4th July 2015

Bike Ride Closure – 2nd August 2015.

Club Championship Competition – 6th September 2015

Squad Christmas Display Shows - 13th, 16th and 18th December 2015

Team Gym

Leatherhead & Dorking Team Gym Youth Team win Gold at Dundee International

Following on from last year's competition success gymnasts from Leatherhead & Dorking Team Gym travelled to Dundee to compete in the Dundee International on Saturday. The International Cup consists of 5 competitions across Europe and the two highest scores over two competitions determines who wins the International Cup. The prize is a trip to train for a week at Cesenatico in Italy. The team will compete later in the year in Bracknell. The team compete on floor, tumble and trampette and scored a fantastic 46.2 and came home with gold medals.



Alicia, Katy, Katherine, Natalie and Sue

Men's Artistic

At the Regional Championships at K2 Crawley on 1st March 2015. In the Regional U8 competition Owen Courtney achieved Gold and Matthew Bennett won Bronze.



Pipers Vale Ipswich

The boys competed at Pipers Vale in May and Christopher Chan came 20th, woody Melbourne 23rd and Jared Field 26th out of 74 gymnasts.

Bracknell Summer Micro Competition



The boys team 2 came 1st Alistair Nightingale, Toby Street and Jamie Griffiths with score of 22.15 and boys team 1 Finley Glasgow, Charlie Aird and Lukas Harvey came 2nd with a score of 22.1.

Good Luck to the boys competing at Pegasus this weekend.

Ryan, Liam and Dianne

Tumbling

We have now set up the groups for Tumbling and Liam will be helping with the development group. We look forward to the competition programme starting in September.

Abbie & Liam

Fund Raising

Many Thanks for all your donations towards the 2nd Hand leotard sale. We had a really large number of leotards to sell, which was brilliant.

As well as 2nd hand leotards, we sold some new leotards made by Nina's mum (TG). She has kindly donated 10% towards club fundraising which has made a staggering £250 for the club.

We have new merchandise in stock which are available from the office.



L&D back pack £5



L&D wristband £2.50



L&D Water bottle £5

easyfundraising

.org.uk



Rachael Burgess, Nadia Darcy and Tina Abbas.
Fund Raising Committee